

The most highly located hot spring in northern Japan with a wonderful view from the open-air bath

藤七温泉

Toshichi Spa

MAP
2-1



Toshichi Spa, located at 1,400m above sea level, has long been known for its wonderful view from the open-air bath. Before the Aspite line was open, only the people who could make their way to the hot spring could enjoy it. One inn is available from the end of April to the beginning of November and closed in winter.

Highlight 露天風呂に浸かりながら日の出を見る

Bathing in one of the open-air baths, you can see the rising sun on the summit of Mt. Chausu at about 4:30 in summer. How about getting up before sun rise to enjoy it.

Transportation ひとつ手前でバスをおりて 下り坂を散歩するのもいい

Take the bus for Hachimantai Horai-so and get off at the terminal. You can also get off the bus at the Hachimantai-chojo bus stop and walk for 15 minutes.

From Morioka Bus Center

Hachimantai Horaiso)
.....about 130min. ¥1,350

Hachimantai Chojo) +
..... about 120 + 15min. ¥1,320

Information

Reference: phone:0195-78-3962 (Toshichi Spa Saiun-so)



Primeval forest with a mass of lava rock

蓮菜境

Horaikyo

MAP
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Horaikyo, located in front of the Toshichi Spa, was created by the volcanic activity of Mt. Hachimantai. You can see various lava rocks of fantastic shapes. Old trees were transformed by the forces of nature and made a luxuriant forest. The view looks fantastic especially on a foggy day.

Highlight 幻想的なトレッキングコースを歩いてみよう



40min. trekking course here. Along the course, you can see Lake Horai with clear water, and the forest where Moriaogaeru (frog specified as a natural monument of Japan) lay eggs. On the way, you may meet hare.

Transportation 歩いて八幡平頂上付近の空気を満喫

The same as to Toshichi Onsen. If you like walking and breathing in fresh air, you can walk down to Houraikyo from "Hachimantai Chojo" bus stop.

From Morioka Bus Center

 ( Hachimantai Horaiso) + 
..... about 130 + 5min. ¥1,350

 ( Hachimantai Chojo)
..... about 120min. ¥1,320



Hachimantai Jukai Line (14.9km)

Hachimantai Jukai Line runs from Matsukawa Spa to Toshichi Spa. You can see a magnificent view of Mt. Iwate, Suzukaze Falls, and Taiko no Ibuki (bubbling and boiling hot spring). Jukai Line meets Aspite Line at "Hachimantai chojo" bus stop and makes it easy to drive around Hachimantai area from Morioka. The road is closed from the beginning of November to the end of April.

Mt. Chausu

Seeing Mt. Iwate from the summit of Mt. Chausu, you will find a striking contrast between east and west. Mt. Iwate draws a gentle curve to the east and has a series of jagged ridges to the west. As it is less crowded, you can enjoy the nature calmly. The summit is one of the best view points around Hachimantai.

Observatory platform

You can see two lakes at the observatory platform. Lake Gama-numa and Lake Hachiman-numa are the only two crater lakes of "aspite" (shield) volcano in Japan. Lake Gama-numa looks bluish green and Lake Hachiman-numa looks blue. Walking around the Lake Gama-numa, you can see a lot of little lakes reflecting like mirrors in the woodland.

Hachimantai Spa (Gozaisho Spa)

Hachimantai Spa, located at the entrance of Aspite Line, has a green colored hot spring and open-air bath. Walking down the pass behind the hotel, you will find Lake Goshiki-numa. You can enjoy skiing at Hachimantai skiing field behind the hotel. It is famous for its magnificent view of Mt. Iwate, soft rime and powdery snow. (Reference: phone: 0195-78-2211<Hachimantai Kanko Hotel>, phone: 0195-78-2212<Hachimantai Skiing Field>)